

Spring 2023



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RANCHO SAN ANTONIO

Newsletter

Volume 41 No. 1

JOIN EVENT

- **Sunday May 7th, 2023**
- **11:00 AM – 4:00 PM**
- **Rancho San Antonio,
21000 Plummer St.
Chatsworth, CA, 91311.**

Please join us for our 40th Annual Classic Car Show.

Over 100 classic and restored cars and trucks will be displayed on our beautiful field.

Our World-Famous Rancho BBQ chicken, pulled pork and beef dinners will be available for purchase. Don't forget to enter our raffle to win cash prizes. Admission is free.

**For more information please
call (818) 882-6400 x110**

Join Our Team

Rancho is hiring for various positions. For more information email
hr@ranchosanantonio.org

All proceeds benefit Rancho San Antonio. Best of the best awards presented to the top cars.



T-SHIRT SALE

You can support Rancho through our apparel sale. T-Shirts will be available at the event.

**Learn more about
Rancho San Antonio**



WHY WE DO WHAT WE DO

A NOTE FROM THE EXECUTIVE DIRECTOR | AUBREE SWEENEY, LMFT

Whenever it is newsletter time, it is like clockwork, an alumnus happens to show up out of the blue to remind us why we do what we do and it's my job to share that feeling with you. Our newsletter all-star, Johnny, stopped by Rancho because he wanted to show his own children where he used to live. Johnny was one of the first youth I worked with at Rancho. He said something so powerful to me. As he shared about how Rancho saved his life, he said, "I knew you loved your job and I knew you loved me." Twenty-five years later, I still love my job and still want the youth at Rancho to know they are loved even when they feel so unloved and sometimes unlovable. Sometimes we all need reminders of why we do what we do. Johnny's words stayed with me and will continue to motivate me on the hardest of days. He had a winning smile and his return brought a smile to my face. I want to thank all of our stakeholders for all you do to show our youth that

they are worthy of your time, your support, and your resources. Rancho is turning 90 this year and has helped countless young men join the ranks of Johnny to know they are both loved and loveable. So many exciting things are going on as we celebrate this milestone. Thanks to our generous donors, we raised the funds to start phase one of the new Creative Healing Arts studio. Johnny's cottage, which was moved to our campus in the 1950s, is going to be demolished and the state granted funds to build a new outpatient therapy building. Rancho has expanded to provide services to the community through diversion and outpatient substance use treatment to a wider array of clientele. We are developing a new website and you will be able to read more about the diverse programming we now offer and share current information about events. You may have even noticed that this newsletter got a facelift! Thank you for doing what you do!



Aubree Sweeney



RANCHO ALL-STAR

Johnny graduated from Rancho in 1998 at only 15 years old. He had a girlfriend at the time that is now his wife and the mother of his six children. He is a devoted father and grandfather. He got his license and national certification in welding, pipefitting, and rigging and has a successful welding business. He is most proud of being in the union and of the job opportunities this affords him. He lives a life focused on religion, family, sobriety, and a strong work ethic. Johnny says he learned about parenting because of the way he was "parented" at Rancho. His kids have chore charts, and when they isolate in their rooms and don't want to talk, he encourages them to get off their devices and share what's on their minds and in their hearts. He knows firsthand how hard this is to do as a kid but how important it is to one's mental health. According to Johnny, "This place changed my life, and I'll never forget it." Thank you, Johnny, for coming back and sharing your story.



BROTHER JOHN'S *Prayer Corner*

Reflection on Psalm 46:10

We are all in this life together.

"We are all just walking each other home."

1. Recognize when a problem exists.
2. Acknowledge the pain you feel – or caused.
3. Ask for help, pray for guidance.
4. Do one small, concrete thing to create change.
5. Make amends if appropriate.
6. Remember you always have choices.
7. Pray for strength, courage, healing.
8. Share what you've learned with others.
9. Don't give up hope or extinguish it in others.
10. Forgive yourself. Forgive others.

Thank you benefactors for helping us on our way home.

A MESSAGE TO OUR SUPPORTERS

The holiday celebrations and festivities are now over, and the new year has begun. We want to, once again, thank all of those who contributed to making the holidays so very merry and bright. The youth were blessed with so much cheer, goodies, and gifts that had them overjoyed and thrilled with excitement. We thank you for your mindful generosity. We wish you all a very happy and healthy year ahead.



CAMPUS UPDATE



Behavioral Health Continuum Infrastructure Program (BHCIP)

The state awarded Rancho \$4.2 million dollars through BHCIP to build a new outpatient behavioral health center that will provide mental health and substance use treatment as well as prevention and early intervention for youth and their families. Check out our new website to read the [full press release](#).

Complex Trauma Training Consortium (CTTC)

Rancho has been selected as a CTTC site to provide an array of complex trauma training throughout the Greater Los Angeles Metropolitan and Southern California areas. Stay tuned, our new website will have all the information.

CREATIVE ARTS



The Creative Healing Arts Program provides a platform for youth with histories of traumatic experiences and marginalization to have a voice. Recently, the program has worked with professionals (who have impressive connections to the music industry) to develop a design for a music studio and interactive artistic space.

Youth often contribute to projects and events on campus. Recently, they created a showcase honoring Black History. One youth is presenting a poem and artwork based on his self-image portrait painted with the influence of Jean-Michel Basquiat – a black artist from New York. Another project includes painting /process groups that depict heroic figures and heroism in daily life. The program continues to be a hub where youth gather to 'heal and be heard'.



RANCHO SAN ANTONIO

Benefactors List

**Rancho is grateful to our friends who contributed from Dec 1, 2022 through February 1, 2023.
All donations are greatly appreciated. Our mission would not be possible without your continued support.**

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RISK. CHANGE. GROW.

It is the mission of Rancho San Antonio to provide strength-based, trauma-informed, culturally relevant, therapeutic services to youth and families to instill hope, foster resiliency and create pathways for future success.



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